

Salsarobics! (noon class)

Do you work in Morgan Hill and want to get a workout in during your lunch hour? This class is for you. Come get energized, salsafied and destressed as you enjoy an aerobic workout Latin style. Class will include a warm-up, a fun and exciting aerobic session and a cool down before returning to your day rejuvenated. Class starts April 3 and starts at 12:10pm for 40 minutes. It meets on Monday and Wednesday for 8 weeks and is offered at a special reduced price of \$60.

Please register by March 27.

Instructor: Paula Johnson has been teaching for 8 years and has over 18 years of dance experience

Call the Morgan Hill Community & Cultural Center at 782-0008 for fees and further details.